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information and the book was even featured on Fox & Friends, The 700 Club, D-Life (CNBC).

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Editor's Notes.

November 06, 2019: In addition to a reliable glucometer, some tried-and-true diabetic cookbooks are an important component

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in the home of anyone who suffers from diabetes. They'll help you stay on track with healthy eating, just like the doctor ordered, and many come with plenty of hearty, nutritious recipes you're sure to look forward to trying.

Top 10 Diabetic Cookbooks of 2019 | Video Review

This resource is more ambitious in its

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techniques and palate than the recent *The Diabetes Cookbook: 300 Recipes for Healthy Living* Powered by the Diabetes Food Hub or the American Diabetes Association's *Complete Month of Meals Collection*, and more complete than *Eat Smart Lose Weight* from *Diabetic Living* Editors.

**The Complete
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